

# Hope and Health for Children Since 2001

Family Solutions is a community-based behavioral health provider serving children, youth, and families throughout Southwest Washington. We provide compassionate, accessible mental health services designed to support healing, connection, resilience, and well-being.

Serving more  
than **1,500**  
children and  
families each  
year



## Support That Meets Families Where They Are

|                         |                                        |
|-------------------------|----------------------------------------|
| Outpatient therapy      | Care coordination                      |
| School-based therapy    | Medication management                  |
| Family support services | Services available<br>for Deaf clients |
| Peer support            |                                        |



## Spaces Designed for Healing

|           |            |                 |               |                              |
|-----------|------------|-----------------|---------------|------------------------------|
|           |            |                 |               |                              |
| Play room | Art studio | Ceramics studio | Movement room | Therapeutic community garden |



**GIVE  
MORE  
24!**



**Give More 24  
is September 24**

Your support helps Family Solutions continue creating places where children and families can connect, grow, and heal.

Scan to give  
and support  
hope and  
healing in our  
community.



# Growing Healing

## Beyond the Therapy Room

Our therapeutic community garden creates another place for children and families to slow down, connect, try something new, regulate, build confidence, and experience growth together.



### What We've Grown in One Year

-  Created an 80' x 25' in-ground garden
-  Installed drip irrigation
-  Planted 40+ fruit trees and bushes
-  Partnered with 20+ community organizations
-  Hosted 20 community garden days
-  Shared hundreds of pounds of fresh, free produce
-  Started a monthly garden newsletter
-  Raised funds and secured donated materials for a hoop house

“The garden is very nice, everyone can pitch in and it's very therapeutic.”  
— Family Solutions client

### What Comes Next

- Build a hoop house
- Add rabbit fencing and trellises around the in-ground beds
- Build accessible raised beds
- Create therapeutic garden spaces for individual and group sessions
- Develop a natural playground
- Create a sound garden



**GIVE MORE 24!**  
A GREATER VANCOUVER CHAMBER PROGRAM

An anonymous donor has offered to match donations up to \$5,000, helping every gift go even further.

Your support helps us keep growing spaces for healing, connection, play, and belonging.



Give More 24 • September 24